



OFFICE: 1415 Main Street • Dunedin • FL 34698 • (727) 733-1244 EQUITY LIFESTYLE PROPERTIES, INC.

LAKE HAVEN



HAPPENINGS

Manager:
Karen White N

December • 2017

Issue 10 41st Year



Gateway Park in the Christmas Spirit!
Cassie Gilbert (Mrs. Claus) and Barbara and Jon Fuelling (Santa Claus) have fun at the Christmas Parade!

**Delivered Door-to-Door by
Park Residents
FREE Every Month**



Monthly Mania Winner!
\$100 • Pat Schmidt
Discount Computer Repair

view this newsletter on-line at www.monthly-media.com



FOR AD RATES & INFO 727-484-7488 • info@monthly-media.com

PARADISE ISLAND UPDATE

Pat Walker, Association Secretary

Thank you Carolyn Bailey for that delicious oven roasted turkey and traditional trimmings you prepared for our November pot luck dinner – another winner of a meal, enjoyed by all. And thanks to all the volunteers who turned out to decorate the clubhouse and pool area for the Christmas season – it looks especially gorgeous this year. The casual dinner of wings and subs that followed was a tasty appreciation gift provided by the Association.

Dunedin Cares Food Bank was very appreciative of the food items donated by Lake Haven residents. Paradise Island spearheads the collection each year, but donations are received from residents throughout the community. Thank you so much for your help to ensure the needy in our area were also able to enjoy a Thanksgiving Day dinner.

The Hobby Club held its 7th annual Arts & Craft Sale in November. It's amazing to see how many items we have created throughout the year, and we so enjoy having the opportunity to showcase the varied talents of our members. We appreciate the support we receive from the Lake Haven community – you not only show up to admire our creations but you actually make purchases for yourself and for gifts. Thank you so very much for your continued encouragement. As mentioned before, all monies received from the event are used for charitable giving and to purchase additional crafting supplies, no funds go to the individual crafter. Along with her unused craft supplies, Ray Becker very generously donated items made by Phyllis to the sale. Her presence was sorely missed at this year's event. The Hobby Club was honored to make a financial donation to the Suncoast Animal League in her memory.

December is always busy with holiday events and activities. Continuing our tradition, we are collecting new, unwrapped toys for Dunedin Cares to distribute to needy children in our area. This is our third year sponsoring this project and we are always overwhelmed by the generosity of our residents. Again, all three parks are invited to participate, just bring your donation to the Paradise Island Clubhouse and place it by the Christmas tree. If you need to have your gift picked up, please call me at 727-733-3755 no later than December 14. Help us make this Christmas a day to be remembered by the many needy families in the Dunedin area.

Plans have been finalized for the annual Christmas party; you should have already purchased your tickets. We look forward to yet another delicious catered dinner followed by music provided by Ron & The Classics. Kudos to Lei Crance, Kendra Perenyi, Judy Wolff and Carolyn Bailey for organizing the event this year. Festivities start at 5:30PM on Saturday the 16th; an evening of fun is guaranteed – you don't want to miss it.

No sooner will the holidays be over than we start gearing up for the Community Sale which will be held the last Saturday in January. We need donations to make this sale a success as it is our major fund raising event. Sales income is used to fund Association sponsored events,

Continued on page 5

ROOF-OVERS • 727-547-8300

Lic #: C-2387

ASC

Aluminum Specialty Contractors, Inc.
 "No-Nonsense Company"
 7420 Park Blvd. • Pinellas Park

visit: www.ascaluminum.com

"Our Owner Has Been Serving Pinellas County Since 1980."

23



NO Subcontractors
"Ask Your Neighbors About Us."

26



10% Year End Discount **STOP LEAKS NOW!**

expires 12/15/17

Transferable Lifetime Warranty!

"Thank you for doing a very professional job on my roof. I am not easily pleased with most contractors, ASC is the exception! Your crew was on time, sometimes even early. There are no leaks and it looks great. ASC was not the cheapest, which proves you get what you pay for."

Michael Ellis
 Pinellas Park, FL



We Are Not a Franchise...
 We Are TRULY Family Owned & Operated

DUNEDIN • CLEARWATER • COUNTRYSIDE



Licensed & Insured

REFRIGERATOR & MAJOR APPLIANCE SERVICE

GENERAL ELECTRIC • HOTPOINT • SEARS
 • WHIRLPOOL • TAPPAN • FRIGIDAIRE

★ **EMERGENCY REFRIGERATOR SERVICE**
 ★ **FREE Service Call with Repairs**
 Service For All Major Brands

10% DISCOUNT WITH REPAIRS WITH THIS AD

MasterCard • REFRIGERATORS • FREEZERS • WASHERS
 • DRYERS • RANGES • DISHWASHERS
 VISA • DISPOSALS • WATER HEATERS

Formerly: Action Appliance Sales & Service

21 ★ **736-1106 or 786-7076** 21

SAFETY HARBOR • PALM HARBOR

MODERN AIR CONDITIONING



& HOME SERVICES, Inc.

Special! Expires 12/31/17
A/C & Heat Inspection or Service Diagnostic
\$39⁰⁰

Coupon required at time of service during regular business hours & cannot be combined with other offers.

• **HONEST and FAIR - SAME DAY SERVICE**
 • **FREE Estimates on A/C Installations**

29 ★ **541-5541** 17

www.modernac.com

ALL BRANDS • Since 1976 • CACO 21320



Florida  dermatology
AND SKIN CANCER CENTERS

EXPERIENCE THE MOHS FELLOWSHIP DIFFERENCE

Trust is more than skin deep

Yesterday
Today
Tomorrow
Your Skin Is Forever

**Call Today To Schedule
Your FREE Annual Exam!**

New patients only
Offer expires 12/31/17
Code - MMDec

Belleair | 609 Indian Rocks Rd | 727.446.6217

Pinellas Park | 6020 Park Blvd N | 727.548.9196

VISIT FLDSCC.COM FOR MORE INFO!



the monthly pot luck dinners, and to provide reduced ticket prices to special events such as the annual Christmas dinner party. Goods donated should be in saleable condition, no heavy furniture or TV sets, and for health reasons, no mattresses or bed pillows. After the Christmas party, you can leave small items in the clubhouse by the stage area; for larger items call either Lei Crance or myself and we will unlock the storage garage. We need your help in making this sale a success.

We are pleased to welcome Erin & Tom from New Hampshire to our Paradise Island family. They plan to purchase a new unit for either lot #59 or # 69. On a sad note, Harry Schleiger #127 passed away in late October. Our condolences to Eileen and her son Ray Booth.

Attached to the January issue of the HAPPENINGS you will receive dues envelopes for the year 2018. Association dues remain \$5/pp for both owners and renters; HOA dues are \$5 per unit for homeowners. We look forward to receiving your financial support for these important resident organizations. The officers receive no compensation for the many hours of personal time they sacrifice for the benefit of our community; in return they ask only for your financial support and your attendance at HOA-sponsored social and business functions.

The HOA Board worked diligently to negotiate a three-year rental contract at a lower percent of increase than that originally announced by ELS in September. Residents should have received a formal letter from ELS reflecting this change. Park Presidents will update residents with additional details at December Association meetings. We especially wish to acknowledge HOA President Lei Crance, HOA VP Denny Wolff and HOA Treasurer Ralph Crance for leading the charge during the negotiation process and for performing yeoman duty in our behalf.

On behalf of the Paradise Island Association and the Lake Haven Home Owners Association, we extend holiday greetings and good wishes for health and happiness in 2018 and beyond.

MERRY CHRISTMAS HAPPY HANUKKAH HAPPY NEW YEAR





HO..HO.. HO..MERRY CHRISTMAS AND HAPPY HOLIDAYS TO ALL

Treasure Cove Goings-On

Wow - it has been busy, busy, busy in Park 2. A lot of our snowbirds are returning, looking forward to seeing them and catching up. We now have a *new* Board for Park 2 already working hard to get all of the community involved in enjoying upcoming events. The new Board for Park 2 is as follows: Becky Love, President; Charlie Parks, Vice President; Lori Witkin-Mocerino, 2nd Vice President; Terri Salzburg, Treasurer; Jeri Lazazzaro, Secretary; Carol Pritchett & Dominick Zona, Block Captains. A big thank you to the membership; we were all voted in on November 6, 2017. We would like to extend our sincere thanks to the previous Board for all their hard work.

Our Thanksgiving celebration/potluck took place on Saturday, November 11, 2017 and it was a great success! Thank you to all for all the wonderful holiday cheer and wonderful food. It was great sharing such a special time of year with all of you. Looking forward to our Christmas gathering on Wednesday, December 13th. It's going to be a wonderful time and we will be enjoying catering from Delectables Fine Catering and music by Bobby Palermo, as well as Christmas music earlier in the day. See Terri Salzburg, No. 211, for Tickets. What a wonderful time to spend together as a community.

We would also like to mention that our Christmas/Holiday decorations have gone up at the park 2 pool area. Thank you to all of those that participated in getting the decorations up for all to enjoy. We hope that you all enjoy the decorations and hope that it helps put everybody into the holiday spirit.

We are pleased to share that we have new residents who joined us in Park 2, and would like to extend a warm welcome. Hello and welcome Danielle & Julian at Lot 259, Krista at Lot 258, Gary at Lot 264, Timothy & Candace at Lot 301 and Erica & Dan in at Lot 262. Looking forward to getting to know our new neighbors in Treasure Cove.

Park 2 pool furniture has been cleaned and is scheduled to be replaced in 2018, hopefully by the end of January. We are also waiting on some hardware to be installed to enable WIFI in the Park 2 Clubhouse in the near future. As soon as it is available, the name of the network and password (if necessary) will be posted.

As the joy filled Holiday Season approaches, we all reflect how thankful we are for living in a place with this beautiful weather (especially since its getting so cold up North - brrrr). We also reflect on the less fortunate in our communities. The Board is going to attempt, if we are not too late, to find charities that we can work with later in this season. If we are successful, we will inform all in Park 2 what our coordinated plan is to give back to our community.





AMS *WC INC.*

Family Owned & Operated Since 1977

Call Today!
800-282-3572
727-471-0820

SPECIALIZING IN ALUMINUM ROOF OVERS



DO YOU NEED A NEW ROOF?
 Our Weather-Lok Roof Over System
 Exclusively from AMS is:

- Energy Star Rated
- Quiet
- Maintenance Free
- A Full Sheet Blanket of Protection
- Lifetime Warrantied & Transferable



"This is simply the best roof over system available. We love our new roof. Thanks you and your staff."

- J. Howard, Pinellas County

100% FINANCING AVAILABLE
 (with approved credit)

12



FREE ESTIMATES
 Evening & Weekend
 Appointments Available

12

Serving your community for over 35 years.
Great Price • Great Products • Great Workmanship
Your neighbors have used us. How About You?

Visit www.AMSOFFLA.com and view our informative video
 FL State Certified • Licensed & Insured • Roofing Contractor CC C1329853

SAVE TIME AND MONEY BY CALLING US TODAY TO GET YOUR PROJECT STARTED!

**HURRICANE ANCHORS
 LEVELING & BLOCKING**

- Add Anchors • Carport Strapping
- Longitudinal Stabilizing
- Replace Rusted Anchors
- Retro-fit to Current State Standards



7



7



Insured • Bonded
 State Lic. IH/102459/1

727-330-7821

FLORIDA ANCHOR AND BARRIER COMPANY

WIZE PHARMACY

**All Your Prescription Needs
 PLUS OTC Products**

1153 Main St., Ste. 102 - Dunedin, FL 34698

727-953-9880

- Low-Cost
- Excellent Service
- Free Pick Up
- Free Delivery
- Lowest Prices in the area
- \$4 Generic Pricing Program
- Most Insurance Plans accepted, plus Medicare and Medicaid

**COMPUTER
 HELP AT HOME**

- Virus & Spyware Removal • Tune-Ups
- New Computer Set-Up • Wireless Routers
- Repairs/Upgrades • Training • Custom Builds
- Data Backup / Recovery / Destruction • Recycling
- Printers • Cameras • Advice • 36+ Years Experience

Less than In-Store Prices 727-474-4285

• Appointments 8 am - 9 pm • 7 Days per Week
www.LargoTechServices.com

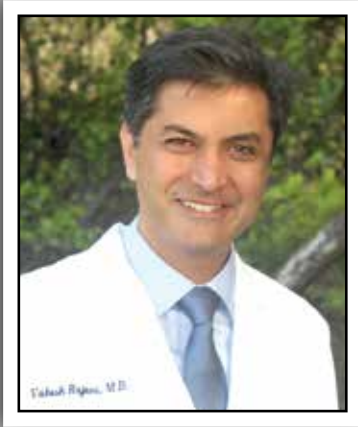
5

5

Vakesh Rajani, M.D.

Board Certified Internal Medicine • Cleveland Clinic Trained

Dr. Rajani completed his residency at The Cleveland Clinic Foundation in Ohio. He was chosen as Chief Resident and served on the academic staff at the Cleveland Clinic prior to starting his medical practice in Florida. Dr. Rajani has been practicing medicine in North Pinellas for over 15 years.



- Recipient of the Bernard A. Macik Jr. 'Excellence in Medicine' award at Morton Plant Mease Hospitals
- Founding Director of the Mease Hospitalist Programs at Mease Countryside & Mease Dunedin Hospitals
- Served as Vice Chair of the Department of Medicine at Mease Hospitals
- Contributing Author, 2nd and 3rd Editions of the Cleveland Clinic Intensive Review of Internal Medicine

Services Offered

- Primary Care and General Internal Medicine
- In Office Blood Draws
- EKGs
- Coumadin Monitoring
- Joint Injections
- Well Woman Exams (Female Provider Available)
- Hypertension, Diabetes, COPD, Heart Disease and Osteoporosis Management



Currently welcoming
new patients with

**Humana®
Gold Plus**

Two Office Locations:

2812 St. Marks Drive
(Caladesi Publix Plaza)
Dunedin, FL 34698

1840 Mease Drive, Ste 401B
(Mease Countryside Campus)
Safety Harbor, FL 34695

727-328-4633

www.rajanimed.com





December Happenings 2017

It seems as though November flew by in a flash and here we are preparing for the Christmas holiday. The park is starting to fill with the folks up north and all of the events have been well attended. Thanks to all of you for your support and willingness to volunteer and chip in whenever it is needed. I am sure everyone had a wonderful Thanksgiving while spending time with your friends and family or here at the clubhouse at our club sponsored event. Again, thanks to all of you that chose to dine with us again this year.

Membership tickets for the Park 3 association are still for sale from Bill Battle at coach #444. We will continue to collect the \$10.00 annual fee through the month of December. Again, our memberships include pot lucks as well as the BBQ's beginning in January and reduced prices for events that the association provides all of the food and drink as well as entertainment.

There are just a few days left to purchase tickets for our Christmas dinner and dance held on December 11th. The flyers should have been in your mail box and are posted in the clubhouses with all of the details.

Again this year we encourage all residents to take your unwrapped donations to the Park 1 Clubhouse. The gifts will then be forwarded to Dunedin Cares, a local organization that takes care of the people in our community that are less fortunate.

You will be seeing a notice with an envelope attached for your HOA dues. The Home Owners Association of Lake Haven will hold an annual meeting after the first of the year. The date has not been announced at this time. You must be a member of the association should any issue require a vote or if as a resident you feel there is something pertinent that needs to be discussed that evening. The fee is just \$5.00. Please watch for this notice in your information tubes.

For those of you going home for the holidays, be safe, have a great trip and we look forward to kicking off 2018 with some special events. Merry Christmas everyone and have a wonderful New Year!

Linda Parker, President Park 3 Association



Book Recommendation:

Here Vultures Fly

by Rudy Rodrigues

This is the narration of the personal experiences of the author, Rudy Rodrigues, during his ten years of service with the United Nations in Afghanistan, where he was engaged in emergency relief and later rehabilitation programs in close collaboration with the Communist government, the mujahideen, the Taliban, and the post-Taliban government.

The author was responsible for opening the first UNICEF office in Kyrgyzstan soon after the collapse of the Soviet Union in a unique environment and culture. During this time, he was working with a government unfamiliar with the United Nations and its goals and objectives. In addition, the Kyrgyz population was traumatized by this sudden period of transition and uncertainty. A major focus of the author's work was gaining the confidence of the government in Uzbekistan and to ensure the building of meaningful partnership programs for women and children.

This book also covers the adventures, romance, and thrill of being born and raised in Kenya; serving as an officer in the army; the challenges of working in Papua New Guinea; and having the glorious opportunity of working in the UN in different parts of the world with a multiethnic/multicultural community.

About the Author

Rudy Rodrigues was born and raised in Kenya. He graduated from the Royal Military Academy Sandhurst and the British Army Staff College. He was commissioned and served as an officer in the Kenya Army in both command and staff appointments. Resigning after sixteen years of active service, he then immigrated to Canada with his wife and three children.

Later, Rodrigues was appointed country director of a Canadian NGO in the Sudan, with a mandate to provide leadership, strategic planning and the delivery of UN (WFP) emergency relief supplies to the more than three million starving people displaced by the famine of 1985. He did so using a fleet of 350 cargo vehicles and a staff of over 3,000 people. This trucking operation was later taken over by the UN, and Rodrigues served as its Director.

In 2006 Rodrigues ended his career, and moved from Afghanistan, where he was last working with the United Nations. He retired to Winter Park, Florida where he lives today, and enjoys traveling, writing and spending time with his family, children and grandchildren.



Available on Amazon.com - search by title "**Here Vultures Fly**" in the books section shortened url type **amzn.to/2yGL8AF** into the address bar on your internet browser

paid sponsorship

ARE YOU PAYING TOO MUCH FOR AUTO INSURANCE?

Coverages:

Bodily Injury\$100,000 Each Pers./ \$300,000 Ea. Occur.
 Property Damage\$100,000 Each Occur.
 Uninsured Motorist\$100,000 Each Pers./ \$300,000 Ea. Occur.
 Pers. Injury Prot.....\$10,000 Ea. Person, Wage Loss Excluded
 Medical Payments.....\$5,000 Each Person
 ComprehensiveACV - \$500 Deductible
 CollisionACV - \$500 Deductible
 Road Trouble Serv.\$50 Each Occurrence
 Additional Exp.....\$30 Per Day / \$900 Each Occurrence



Annual Paid In Full Premium..... \$994.55*

Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 year clean driving record on all licensed household operators -2012 Chevy Impala LT, garaged in Pinellas County zip code 33771, equipped with Air-Bags, ABS and Anti-Theft device

*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.

O & E Wilson Insurance Inc.

30 ★ 727-535-0524 9

DISCOUNT COMPUTER REPAIR

(727) 320-2965 2343 Drew St.
Clearwater

Completely **FREE** Estimates
 Viruses, Hardware, Training
 Senior, Military, Teacher Discounts

Over 25 years experience. Family Owned and Operated. Licensed, Secure and Confidential.

NEED A NOTARY?

We come to you...Let's get in done!



Steve Herron

Licensed Notary Public #GG130105
 Member of Florida Notary Association

727-600-2238

GOLF CARTS

CLEAN USED & NEW CARTS

• Buy • Sell • Trade • Repair • All Brands



Specializing in...



Sorry, we do not buy or sell RXV's due to very high cost of repair parts.

YAMAHA EZGO

WANTED DEAD OR ALIVE

Carts Any Condition • Highest Prices Paid

Come In And Visit The Most Unique Showroom In Pinellas County. All Visitors Are Treated With Polite And Courteous Service **NO PRESSURE.**

Anyone can sell you a golf cart but, we back up **ALL** with our **EXCLUSIVE** 6 months major parts warranty after your purchase

Buy From a Proven Dealer!

12 Years & 0 UN-Resolved Complaints
 Track Record In This Publication!

- Check Our Labor Rates Against the Competition
- 12 Years This Location • We Repair Chargers
- Charger Check-Up FREE at Our Store

RECREATIONAL GOLF CARTS, LLC.

8801 66th Street North • Pinellas Park

12 **OPEN** Mon - Fri 8:30 - 5:00
 Sat 8:30 - 1:00 **548-8460** 10
 ★ (2.8 miles south of Ulmerton Rd.)

Charlie

**The Handyman
 Carpenter**



phili24@netzero.com



727-599-5439

SUB-FLOOR & FLOORING EXPERTS!

Sub-Floor Repairs



Laminate Flooring



FREE
ESTIMATES

30
YRS
EXPERIENCE

STATE CERTIFIED
GENERAL CONTRACTOR
CGC# 004138

STATE LICENSED
MOBILE HOME INSTALLER
IH# 102549/1

LICENSED
INSURED
BONDED

FLORIDA
ANCHOR AND BARRIER
COMPANY



727.330.7821

800.681.3772

11590 US HIGHWAY 19 N CLEARWATER, FLORIDA 33764



December Sudoku

			7				5	
					1	2	4	
1			6	9				
				2				
	2					5		4
	6	3	8			7		
6						9		
				3	4		6	5
	5							2



2	1	9	6	8	4	7	2	3
5	9	7	2	1	3	4	8	6
6	8	4	2	7	5	9	1	3
4	6	3	8	5	9	7	2	1
8	2	7	3	1	6	5	9	4
5	1	9	4	2	7	6	3	8
1	4	5	6	9	2	3	8	7
7	3	6	5	8	1	2	4	9
2	9	8	7	4	3	1	5	6



AMS

Family Owned & Operated Since 1977

VINYL SIDING

12 ★ **WANT TO UPGRADE YOUR HOME EXTERIOR?**

Our premium vinyl siding offers:

- Many Color and Style Choices
- Insulation Package
- Beauty and Durability
- Manufacturer's Lifetime Warranty





Visit www.AMSOFFLA.com for more info.

800-282-3572 • 727-471-0820

FL State Licensed & Insured • General Contractor CG1515749



Remember clean? We do.

Affordable and Immaculate Cleaning Services

Make a mess Call the best

Specializing in all types of cleans:
Homes, RV's and Mobile Homes. Also
rugs, pressure washing and windows.

Discounts for Seniors, military and disabled

Professional, Honest, Dependable and Thorough.
These words are how we keep our years of business
relations.

Call for a Free Estimate. Ask for Myranda

727-953-5188

Control that holiday glow

Candles are a popular holiday decoration, but they're also one of the most dangerous. It's important that you follow these precautions to prevent full-blown fires:

- Never leave a lighted candle unattended.
- Always put candles in a metal or ceramic holder. Never place them in combustible containers or ones that can melt.
- Put out candles once they get within two inches of their holders or decorations. This is especially important to follow with natural or plastic decorations that often grace holiday candle holders.
- Keep wicks trimmed to a quarter-inch.
- Never burn candles near things that can catch fire—including Christmas trees and curtains.



Be safe on your bicycle

Bicyclist deaths have risen significantly in recent years, and adult men, not kids, are most often the victims, according to the Medline Plus website. In 2015, the most recent year figures are available, biking deaths rose 12 percent. Of the 818 fatalities in 2015, a hefty 85 percent were men, with an average age of 45.



A report by the Governors Highway Safety Association noted that bikers often believe they have the right of way and are unable stop in time to avoid a collision. Drivers also often don't see bikers until it's too late.

Intersections aren't the most dangerous area. Seventy-two percent of bicycle fatalities occur away from intersections. More than half take place between 6 p.m. and 6 a.m.

Alcohol, whether consumed by the biker or the driver, is also a factor in 37 percent of collision deaths.

If we are creating ourselves all the time, then it is never too late to begin creating the bodies we want instead of the ones we mistakenly assume we are stuck with.

—Deepak Chopra



**Lot Model Clearance Sale
SAVE THOUSANDS NOW!**



**Citrus Homes
Meadowood Homes**
of Florida
"Building Dreams... One Home At A Time"

- We DO It A LL...**
- Removal • Replacement • Carports
 - Garages • Screened Rooms
 - Landscapes & Much More!

Visit Our Website to Learn More
www.citrus-meadowood.com

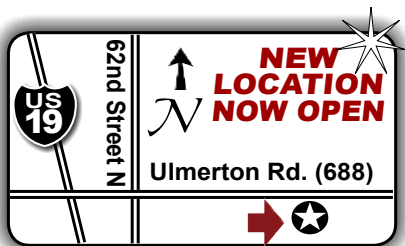


JACOBSEN HOMES
"A Family Tradition Since 1959"



**6030 Ulmerton Road
Clearwater • FL 33760**
(1/3 mile east of U.S. 19)

727-535-5262



Barron's

Air Conditioning & Heating

License # RA0058337 / CAC1817291 • Insured • Bonded

"Service is Our Specialty"



Comfort with Confidence.



- 28 We Service
- ★ All Makes
- 28 & Models

www.BarronsAC.com

727-784-1603

HAVE YOU SUFFERED FROM WATER OR FLOOD DAMAGE?

Fully Guaranteed Property Repair Service & Floor Repairs



Call Us for a **FREE NO-PRESSURE No-Obligation Estimate**

727-288-4680

• Licensed • Bonded • Insured

flatworksremodel@yahoo.com

7 FlatWorks INCORPORATED



CGC #1511054

Paid advertisement by FLUHS, Inc. d/b/a A&E Services

VINYL SIDING

Complete Mobile Home Service

"Workmanship Makes the Difference"

by **Mitchell Siding** INCORPORATED

Top Quality Work At Low Prices

Licensed & Insured
Aluminum Contractor • PCCLB #C-7812



586-6315



Pinellas/Pasco County's

YAMAHA
Authorized Dealer

4 Convenient Locations
**HUDSON
PALM HARBOR
OLDSMAR
LARGO**



AUTHORIZED DEALER
PALM HARBOR • LARGO • HUDSON

\$250 off The purchase of a new or used golf cart*

*with this coupon. Limited time offer.

Sales Parts Service Rentals Accessories
WWW.CAPITALGOLFCART.COM

727-772-8833

Come Visit Our Showrooms!

Monday thru Friday 9:00am-5:00pm
Saturday 9:00am-3:00pm

3

15



Bob's

• Hand Wash & Wax
• No High Pressure Equipment

MOBILE HOME WASHING

"Ask about our other services" **(727) 787-1459**

• All Work Guaranteed
23 ★ • Licensed 23 Servicing Pinellas & Pasco Counties

CARPET DRY CLEANING

DRIES IN MINUTES - NOT HOURS

Living Rm, Dining Rm. & Hall **\$80**
Includes...
FREE Deodorizer

SAFE FOR MOBILE HOME FLOORS

• Leather Cleaning
• Tile & Grout
• Furniture
• RV • Auto

14 ★ • Truck Mount Steam Available • Insured 7

BILL The CARPET GUY 727-521-4163

SERVICES DIRECTORY

AIR CONDITIONING SALES/SERVICE

Barron's Air Conditioning..... 727-784-1603
 E & E Gliddon, Inc..... 727-546-4343
 Modern A/C Service Co. 727-541-5541

APPLIANCE REPAIR

A1 Appliance Repair 727-736-1106
 Appliance Specialty, Inc. 727-520-6002

AWNINGS

Century Awnings Co. 727-559-8811

CARPET CLEANING

Bill the Carpet Guy..... 727-521-4163

CLEANING/INTERIOR

Affordable & Immaculate Cleaning ... 727-953-5188

COMPUTER SERVICES

Discount Computer Repair..... 727-320-2965
 Largo Tech Services, LLC..... 727-474-4285

DENTIST

Dental Walk-In Clinic..... 727-533-9199

DERMATOLOGIST

Florida Dermatology & Skin Cancer.. 727-446-6217

DOCTOR - PRIMARY CARE

Vakesh Rajani, MD 727-328-4633

DRIVEWAY COATING

Concrete Wizard, Inc. 727-789-5444

DUCT / VENT CLEANING

Velocity Air 727-754-7956
 World Class 727-447-5101

ELECTRICAL CONTRACTOR

Boss Electric Corp. 727-791-1308
 Haseney Electrical Services, Inc..... 727-441-8434
 Palm Harbor & Dunedin Electric 727-773-1622

FINAL EXPENSES/FUNERAL

Neptune Society - Jerry Lamascus ... 813-629-0304

FLOOR COVERINGS/RETAIL

S&M Hardwood..... 727-623-9842

FLOOR REPAIR

Flatworks..... 727-288-4680
 Florida Anchor & Barrier Co. 727-330-7821
 Perfect Repair & Construction, Inc.... 727-539-0852

GOLF CARTS SALES & SERVICE

Capital Golf Carts, Inc..... 727-772-8833
 Recreational Golf Cars of Florida..... 727-548-8460

HANDYMAN

Charlie - The Handyman Carpenter.. 727-599-5439

INSURANCE/AUTO

O. E. Wilson..... 727-535-0524

MANUFACTURED HOME SALES/NEW

Citrus Homes/Meadowood Homes ... 727-535-5262

MOBILE HOME SUPPLIES - RETAIL

Mobile Home Depot, Inc. 727-849-4900

MOBILE HOME WASH/WAX

Bob's Mobile Home Washing 727-787-1459
 Heller's Mobile Home Washing..... 727-733-1166
 Wyngarden Mobile Home Wash 727-587-0876

PAINTING/INSIDE & OUTSIDE

Payless Painting Services..... 727-470-5876

PEST CONTROL

Buggin Out Termite & Pest Control ... 727-535-2629
 Nature's Resource Pest Control 727-785-2552

PHARMACY

Medicine Shoppe, The 727-733-0404
 Wize Pharmacy..... 727-953-9880

PLUMBING SERVICE

Dunedin Plumbing, Inc..... 727-734-2879
 Plumbing Patrol, Inc. 727-726-9193
 Ray Duncan Plumbing, Inc. 727-733-0968

ROOF COATING

AMS Advanced MH Systems 727-471-0820
 Community Roofing of Florida, Inc.... 727-536-9999

ROOF REPLACEMENT

All Weather Roofing 800-297-3758
 AMS Advanced MH Systems 727-471-0820
 ASC Aluminum Specialty Contr. 727-547-8300

ROOF WASHING

Heller's Mobile Home Washing 727-545-2665

TIE DOWNS/MOBILE HOMES

Florida Anchor & Barrier Co. 727-330-7821

VAPOR BARRIER

Florida Anchor & Barrier Co. 727-330-7821
 Florida Underhome Solutions 727-492-1884
 Underhome Armor..... 727-282-2045

VINYL SIDING

AMS Advanced MH Systems 727-471-0820
 ASC Aluminum Specialty Contr. 727-547-8300
 Mitchell Siding..... 727-586-6315

WINDOW REPLACEMENT

AMS Advanced MH Systems 727-471-0820
 ASC Aluminum Specialty Contr. 727-547-8300



PEST CONTROL

Household Pest Control - \$35 every 2 mos.

- Inside, Outside & Underneath Termite Treatments
- Drywood & Subterranean Termite Treatments

11 ★ Licensed • Insured **535-2629** **11**

MASTER ELECTRICIAN

John Haseney 36 Years Pinellas County

441-8434  

17 ★ Haseney Electrical Services, Inc. **5**

• License #EC 13001677

10% DISCOUNT
 1st Service Call

PAYLESS PAINTING SERVICES

Free Estimate C8369

727-470-5876  

www.paylesspainting.us **6** **5**

⚡ Boss ELECTRIC



We Specialize in
MOBILE HOMES

EMERGENCY SERVICE AVAILABLE

- Family Owned & Operated
- Digital TV Upgrade
- Surge Protection
- Ceiling Fan Wiring
- Panel Upgrade & Repair

15% OFF LABOR
with this ad

791-1308

FREE ESTIMATES

Diagnosing & repairs will be charged accordingly.

Senior & Military DISCOUNTS

www.bosselectriccorp.com

12



Lic. EC13005634

Bonded & Insured

5

Do you have the
UGLIEST DRIVEWAY
in your Mobile Home Community?



FREE ESTIMATES

AARP
\$200 DISCOUNT

www.ConcreteWizard.us



14



430-9000

8

Lic. #C5528

CONCRETE WIZARD

DECEMBER • 2017

Sunday	Monday	Tuesday	
<p>JANUARY 2018</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30 31</p>			
3	<p>9:30a Water Aerobics</p> <p>6:45PM -- LADIES POKER - 1*</p> <p>7p Monthly membership meeting</p> <p>Park 2 CH</p>	4	<p>9:30AM</p> <p>6:15PM</p> <p>Bowling</p>
10	<p>9:30a Water Aerobics</p> <p>6:45PM -- LADIES POKER - 1*</p> <p>Park 3 Christmas Dinner & Dance</p>	11	<p>9:30AM</p> <p>6:15PM</p> <p>Bowling</p>
17	<p>9:30a Water Aerobics</p> <p>6:45PM -- LADIES POKER - 1*</p>	18	<p>9:30AM</p> <p>6:15PM</p> <p>Bowling</p>
24	<p>9:30a Water Aerobics</p> <p>Christmas Eve</p>	25	
31	<p>New Year's Eve</p>		<p>Christmas Day</p>

Lake Haven

Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 8:30AM -- Koffee Klatch - 1 5:30PM -- Pot Luck Dinner - 1
-- Hobby - 1* -- Wii - 1	5 Park 3 association meeting 6p Poker - 3 6:45p-9p Pinochle	7 9:30a Water Aerobics 7:00PM -- Bingo - 1* Pearl Harbor Remembrance Day	8	9 3:00PM -- 9:00PM - Clubhouse Reserved - 1
-- Hobby - 1* -- Wii - 1	12 Annual Christmas Party, 5:00 PM Social Hour, 6 PM Dinner, at Park 2 Clubhouse, ticket purchase necessary (\$10.00 Members and \$20.00 Non-Members) 6p Poker - 3 6:45p-9p Pinochle Hanukkah	14 9:30a Water Aerobics 7:00PM -- Bingo - 1*	15	16 5:30PM -- Christmas Party - 1*
-- Hobby - 1* -- Wii - 1	19 6p Poker - 3 6:45p-9p Pinochle Last Day of Hanukkah	20 9:30a Water Aerobics 7:00PM -- Bingo - 1*	22	23
26	27 6p Poker - 3 6:45p-9p Pinochle	28 9:30a Water Aerobics	29	30

Dental Walk-In Clinic

Learn More About Beautiful
and Affordable Dentures

Full Service Dentistry

Relax With
IV Sedation

Open 7 Days A Week, With Extended Flexible Hours Including Holidays.

Our Team's goal is to treat each customer as an individual, while providing superb clinical treatment, compassionate care and being available when you need a dentist.



**Two
Locations**

State-of-the-Art Dental Implant Solutions Available

**FREE
Digital X-Ray
\$30⁰⁰ Value**

Coupon must be presented at time of service. Not valid with any insurance, other offers or prior service. Valid one time for new patients only. ADA Codes 220 - Exp. 12/31/17

**FREE DENTURE & IMPLANT
CONSULTATION** Learn more
about affordable Dental Implant
Solutions. Includes Limited Examination ADA
Code 140. \$65.00 Value & Digital Panoramic X-Ray
ADA Code 330. \$80.00 Value

Coupon must be presented at time of service. Not valid with any insurance, other offers or prior service. - Exp. 12/31/17

**New Year...
New Dentures!
25% OFF
premium dentures**

Coupon must be presented at time of service. Not valid with any insurance, other offers or prior service. Valid for ADA Codes 5110, 5120, 5215, 5214. Not valid on ADA Codes 5130, 5140, 5211, 5212. - Exp. 12/31/17

Specials are valid at
Pinellas locations only.



727-533-9199 1030 Belcher Road S. • LARGO

Tampa Location • 813-636-9400 • 4240 W. Kennedy Blvd.

Mark R. Holmes, DMD
Lic. # DN15675



www.dentalwalkin.com



*Fee may vary with complexity of case. If any service, examination or treatment is performed within 72 hours & is a direct consequence of the original advertised full-fee or discounted service, examination or treatment, a patient or any other person financially responsible has the right to refuse, cancel, or be reimbursed for payment of the resulting procedure. Offers may not be combined.

WINDOWS • VINYL SIDING • 727-547-8300

Lic #: C-2387

ASC

Aluminum Specialty Contractors, Inc.
"No-Nonsense Company"

**Visit Our Showroom Display
7420 Park Blvd. • Pinellas Park**

We Are Not a Franchise... We Are **TRULY** Family Owned & Operated



**Improve the
Looks of Your
Home While
Saving Energy
& Month**

**Free Window
Installation!** (minimum 6 windows)
expires 12/15/17



**Vinyl
Siding
10% Off**

expires
12/15/17

VINYL IS FINAL

"...I am so happy with my new windows...I'd like to commend your work crew. Earbie and Larry were fantastic! I couldn't believe the clean-up EVERYDAY! The whole job took just a week even with all the rain delays. I would and WILL highly recommend your company to my friends and neighbors. Of course I won't need to say a word - the house is doing all the talking! Thank you so much for my beautiful new house."

Carol Zapiecki, Clearwater, FL

"Just a short note to express my appreciation for the work done on my mobile home. The crews that worked here...were gentlemen at all times, efficient, knowledgeable and prompt. You can be sure if I run into anybody who needs your type of work, I will surely recommend your company. It has been a very satisfying experience!"

George Lordstrom, Saint Petersburg, FL



visit: www.ascaluminum.com

The Medicine Shoppe®

Come in and See Why So Many Customers that Shop at the Big Chains are Switching to the Medicine Shoppe Pharmacy of Dunedin

**WE ACCEPT MOST INSURANCE PLANS!
BETTER PRICES • BETTER SERVICE • BETTER FEELING**

FREE DELIVERY

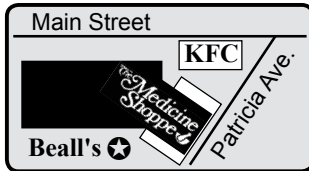
727-733-0404

938 Patricia Avenue • Dunedin
www.MedicineShoppeDunedin.com

Open:

Mon. - Fri.,
9:00 - 6:00,
Sat. 9:00 - 3:00

17 ★ 15



The Medicine Shoppe®

NEW CUSTOMERS

**Fill 3 or More Prescriptions
And Get A...**

\$25⁰⁰

GIFT CERTIFICATE

Gift Certificates may be used on second visit to pay for any purchase. Must present this coupon to receive gift certificate. Not valid with any other offers. Limit one coupon per customer per year.

The Medicine Shoppe®

NEW CUSTOMERS

**Fill 2 or Less Prescriptions
And Get A...**

\$15⁰⁰

GIFT CERTIFICATE

Gift Certificates may be used on second visit to pay for any purchase. Must present this coupon to receive gift certificate. Not valid with any other offers. Limit one coupon per customer per year.

LOOKED UNDER YOUR MOBILE HOME LATELY?



Insist on 8 Ft. Wide Vapor Barrier for a Seamless Fit!

OVER 10,000 VAPOR BARRIERS INSTALLED!

WE CAN FIX YOUR SOFT FLOORS! 7 ★ 7

WE ALSO SPECIALIZE IN MOBILE HOME FLOORING REPAIRS, AND LAMINATE FLOORING.



ESTIMATES ALWAYS FREE
FAMILY OWNED & OPERATED

FLORIDA ANCHOR AND BARRIER COMPANY

727.330.7821 800.681.3772

11590 US HIGHWAY 19 N CLEARWATER, FLORIDA 33764



STATE CERTIFIED GENERAL CONTRACTOR
#004138

STATE CERTIFIED MOBILE HOME INSTALLER
#FH102549/1



Did you know that December is also...

Bingo's Birthday Month. With origins that date back to a 1530s Italian lottery game, different versions of Bingo were played in Germany and France for hundreds of years before it reached North America in 1929. The game has been popular in the United States since then, used by churches to raise funds and by casinos that promise huge jackpots to a lucky few.



Root Vegetables Month. Looking for something healthy to offset the sugary treats of the holiday season? Consider a carrot soup seasoned with turmeric and ginger; add shaved beets and radishes to a salad; or try a side of mashed parsnips or baked sweet potatoes with your next meal.

National Eggnog Month. Spike it with bourbon, whiskey, or rum; add a splash to your coffee; or enjoy a glass with a sprinkle of cinnamon on top. For those who love the rich, creamy beverage known as eggnog, this is the month to indulge.

Seasonal Affective Disorder Month. About 20 percent of the population suffers from a mild form of depression during the cold-weather months. Most experience fatigue, irritability, a lack of concentration and other symptoms in the winter months. Check in with your health care provider if you or someone you know experiences changes in moods and behaviors this winter.

Christmas Bird Count, Dec. 14–Jan. 5. For more than 100 years, the Audubon Society has relied on volunteers birders throughout the Western Hemisphere to conduct an avian census. Go to <http://www.audubon.org/join-christmas-bird-count> to find out the details about CBC activities in your area.

Hanukkah, evening of Dec. 12–evening of Dec. 20. This eight day “Festival of Lights” is commemorated by the nightly lighting of a menorah, the recitation of special prayers, and feasting in the Jewish community.

National Ugly Christmas Sweater Day, Dec. 15. We all have one from our Aunt Betty in Bugtussle. Don't hide it in your closet or regift it—wear it proudly on this day. You will be in good company.



Christmas, Dec. 25. Celebrated throughout the world with the exchange of gifts, decorations, songs, feasting and more, this day commemorates the birth of Jesus Christ.

Boxing Day, Dec. 26. Started in the Middle Ages and now celebrated on Dec. 26 in Canada, South Africa, New Zealand, Australia, and several European countries, this is the day that churches open their alms boxes and distribute the collection to the needy.



AMS

WC INC.

Family Owned & Operated Since 1977

WINDOW REPLACENT

LOOKING TO REPLACE YOUR WINDOWS?

AMS carries a wide range of windows designed to fit your home and are energy efficient.

Standard features include:

- PVC Vinyl Frame
- Insulated, Double Pane Glass
- Low E MAX
- Manufacturer's Lifetime Warranty



12



12

"Our new energy efficient windows installed by AMS are beautiful. Everything from start to finish was great."

C. Wallace
Pinellas County

Visit www.AMSOFFLA.com for more info.

800-282-3572 • 727-471-0820

FL State Licensed & Insured • General Contractor CG1515749

FOR ALL YOUR INDOOR AIR QUALITY NEEDS CALL

World Class

HEATING & COOLING, INC.

"Your home comfort specialists"

Family Owned & Operated Since 2004 • BBB A+ Rating

Duct Sanitizing

Eliminate:

- Mold
- Mildew
- Bacteria
- Germs
- Pet Odors
- Smoking Odors
- Cooking Odors
- and more

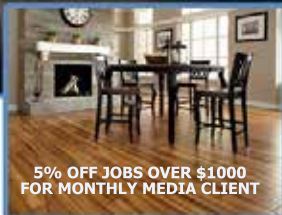
Call Today to Schedule! **727.447.5101**

Lic. #CAC1816850 • www.WorldClassAC.com



S&M HARDWOOD

WE TAKE PRIDE IN OUR QUALITY OF WORK



5% OFF JOBS OVER \$1000
FOR MONTHLY MEDIA CLIENT

We Sell and Install a Variety of Different Flooring
Hardwood, Laminate, Carpet and Vinyl
Commercial and Residential Floors

Servicing the Tampa Bay and Surrounding Areas
(727) 623-9842 www.SMHardwood.com
8300 Ulmerton Road Unit 104, Largo, FL 33771
Family owned and operated / C-10414

PALM HARBOR & DUNEDIN ELECTRIC COMPANY INC.

SPECIALIZING IN SERVICE

- ◆ 21 Years Experience
- ◆ Licensed & Insured
- ◆ Free Estimates



24 HOUR EMERGENCY SERVICE

22



State Lic.
EC13002291



22

www.dunedinelectric.com

773-1622

Ray Duncan Plumbing Today

CFC1428793 CFC1428802

SPECIALIZING IN MOBILE HOME REPAIRS

Service Today!

30 ★ 37

Upfront, flat-rate pricing – no surprises.

- ✓ Toilets Repaired and Replaced
- ✓ Sinks & Faucets Repaired and Replaced
- ✓ Water Heaters Repaired and Replaced
- ✓ Drain Clearing
- ✓ Drain Jetting
- ✓ Rooter Services
- ✓ Leaky Pipe Repair
- ✓ Water Line Repair
- ✓ Drain Pipe Relining

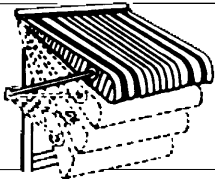
727-201-3117

RayDuncanPlumbingInc.com

FINANCING AVAILABLE



CENTURY AWNINGS



- Fabric & Aluminum AWNINGS
- MINI BLINDS

10% OFF
to Park Residents

- ALL WEATHER CURTAINS
- VERTICAL BLINDS



• Free Estimates • Licensed & Insured

559-8811

52 ★

QUALITY PRODUCTS LOCALLY MADE - SINCE 1959

34

13170-A 90th Street N., Largo • Previously Located on Starkey Road

SAVE BIG NOW!

Manufactured and Mobile Homes is Our Only Business!

Family Roofing Company Celebrates More Than 30 Years Of Excellence

Come celebrate with us and get **10% OFF** our already low prices!

Hurry, limited time offer!

NEW!

YOUR FREE VIDEO ROOF INSPECTION!

We shoot a detailed VIDEO of your roof so you can see EXACTLY what the problems are at the time of our FREE estimate.

This is our way of giving you peace of mind, knowing that we won't sell you anything you don't need!

We are #1 since 1984

You'll have our exclusive *Transferable Lifetime Warranty!*

AllWeatherRoofing Inc.

Florida Licensed Contractors #CCC058045 & #CCC1330500

Visit www.yourbestroof.com

Always FREE Estimates!
Call Michelle Right Now!

1-800-297-3758



INSIST on 8 ft. WIDE VAPOR BARRIER for a SEAMLESS FIT!

LOOKED

UNDER YOUR MOBILE HOME LATELY?

**Insulation Under Your Home Falling Down?
Holes and Tears in Your
Vapor /Moisture Barrier?**



FREE
UNDER HOME INSPECTION
Only with this COUPON



**Photographs
Taken of
Damaged Areas**



Insulation and Vapor Barrier Repairs



- **Lifetime Vapor Barrier** • **Guaranteed for Life**
- Prevent Soft Floors • Keep Mold, Mildew, Rats, Snakes, Spiders, Ants, Roaches and Moisture OUT of Your House! • Lower Your Electric Bills

FREE ESTIMATES

Licensed by the
State of Florida
#1H/102549/1

727-330-7821
Toll Free - 800-681-3772

**MILITARY
& SENIOR
DISCOUNTS**

**Family Owned
& Operated**



- Insured • Bonded • Workman's Compensation Insurance
- Member: National Association of Mold Professionals

FLORIDA ANCHOR AND BARRIER COMPANY

7 ★ 11590 U.S. Highway 19 North • Clearwater • FL 33764 7

DUNEDIN PLUMBING, INC.

45

★

30

Specializing in Manufactured Home Repairs

- Water Heater Repairs & Replacement • Complete Home Repipes
- Washer & Dryer Hookups • All Licensed Servicemen
- Family Owned & Operated Over 45 Years

483-Patricia Avenue • Dunedin

734-2879



State Lic. #CFC1426256

MOBILE HOME DEPOT

YOUR MOBILE HOME PARTS WAREHOUSE!

• Mobile Home Supplies • RV Accessories • Aluminum Products

22 ★ Do It Yourself & Save! 9

- Largo - 13777 66th Street North • **535-1100**
- New Port Richey - 7118 U.S. Hwy. 19 • **849-4900**



Store Hours: M - F 8-5 • Sat. 8-12
www.mobilehomedepot.net

AVON



Jean Satterfield

- 18 Years Representing Avon
- Top Seller In Pinellas County
- Delivery to Your Home

To Receive a Brochure call:

727-724-6450



ur4avon@tampabay.rr.com
www.youravon.com/jsatterfield

ROOF COATING & REPAIRS

COMMUNITY

Free Estimates



ROOFING OF FLORIDA, INC.

14042 66th St. N., Unit C
Largo, FL 33771
(727) 536-9999

Lic# CCC1330642

"Proudly Serving Your Community"

**We Do All
Roof Coating, Roof Repairs,
and Roof Inspections
on all Manufactured Homes**

800-511-2517

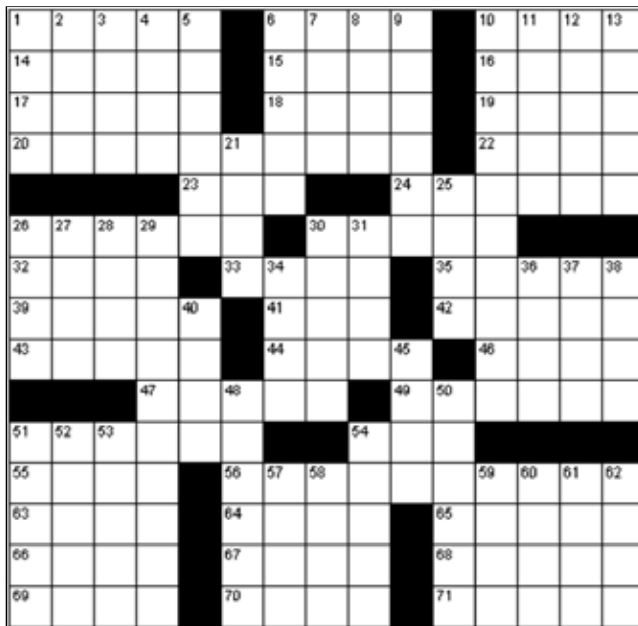
www.FloridasBestRoof.net





ACROSS

1. Could turn things into gold (Greek mythology)
6. A structural support
10. Reserve of money
14. Give expression to emotion
15. Uncouth
16. A slender woodwind instrument
17. Reel
18. Exploiter
19. Part of a plant that's in the soil
20. The quality of being uncomplicated
22. Lessen the intensity
23. Female sheep
24. A marine mollusk
26. Be alert to
30. Swallowed by a whale (Bible)
32. A river in England
33. Wander
35. Young sheep
39. All the plant and animal life of a region
41. Gorilla or chimpanzee
42. A magistrate of the Roman Republic
43. Goodnatureedly mischievous
44. Suspend
46. Burden
47. A petty officer on a merchant ship
49. Lets downward
51. Ape or monkey
54. Second (abbrev.)
55. Threesome
56. Inducements
63. Where the sun rises
64. Cry weakly
65. Delete
66. Against
67. Yellow Dutch cheese
68. Armor to protect the upper thigh
69. A round flat object
70. Cincinnati's baseball team
71. Contemptuous smile



DOWN

- | | | |
|-------------------------|---------------------------------|-------------------------------------|
| 1. Untidyness | 21. Anagram of "Were" | 45. Singers Campbell or Frey |
| 2. Zulu warriors | 25. An Ivy League school | 48. Sharpshooter |
| 3. Fate | 26. Infant | 50. Groups of 8 |
| 4. At the highest point | 27. Wicked | 51. Place |
| 5. Vendor | 28. Bark | 52. Pertaining to modern day Persia |
| 6. Dried plum | 29. Penicillin is one | 53. Fogs |
| 7. Ploy | 30. Land of the Rising Sun | 54. Appears |
| 8. Lyric poems | 31. Portent | 57. Naked |
| 9. Individual | 34. An island of central Hawaii | 58. Clothed |
| 10. Portend | 36. Not yours | 59. Anagram of "Rain" |
| 11. Submarine | 37. Make indistinct | 60. Urn |
| 12. Hangman's knot | 38. Soap-frame bar | 61. Nature of being |
| 13. Dissuade | 40. Dwarf buffalo | 62. Fortune teller |



Rehab after heart attack is often ignored

Approximately 790,000 adults in the United States suffer heart attacks every year, and about 210,000 of them are repeat attacks.

Cardiac rehabilitation is crucial to preventing a second heart attack, but the Centers for Disease Control and Prevention report that only one in three survivors opt to participate in it.

Cardiac rehab includes exercise counseling, lifestyle advice for a healthy heart, and stress-reduction tips, all of which can reduce those chances of a second (or third or fourth) attack. Cardiac rehab also means extended medical supervision after discharge from the hospital, according to the WebMD website.

If you or someone you know has suffered and survived a heart attack, keep in mind that rehab might prolong life and prevent a new crisis.



Is that still safe to eat?

Is that fruitcake that's been in your pantry since last year safe to eat? Maybe not, but the CNN website offers this list of foods you can safely store for years:

- **Honey.** Because it's low in water and sugars, bacteria can't easily grow in it. Small amounts of hydrogen peroxide in honey also inhibit the growth of microbes.



- **Dried legumes.** Beans, lentils, and other legumes stored in airtight, waterproof containers can last for years without losing their nutrition value.

- **Soy sauce.** Unopened, soy sauce can last for three years on the shelf, thanks to its combination of fermentation and salt.

- **Vinegar.** Its acidic nature makes it difficult for bacteria to thrive. White vinegar will stay unchanged almost indefinitely, but other vinegars may change color or produce sediment in the bottle over time.

- **White rice.** The key is temperature. White rice stored in an airtight container at about 27 degrees Fahrenheit can last up to 30 years, although brown rice has a shorter shelf life.

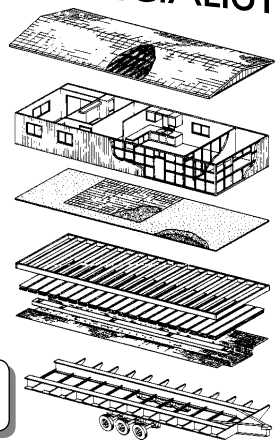
- **Dark chocolate.** Chocolate fans rejoice! As long as it's stored at a constant temperature, dark chocolate is safe to eat for two years or longer.



FLOOR REPAIR

MOBILE HOME SPECIALIST

- Any kind of damage to any kind of floor system.
- Small areas or whole homes.
- Replacement or deckover.



Ask About Our Other Services

**OWNER OPERATOR
NO SUB-CONTRACTORS**

Perfect Repair & Construction, Inc.
 22 ★ State Certified Building Contractor 18

FREE ESTIMATES • 539-0852

Licensed and Insured • State License # CBC050061

MOBILE HOME WASHING

**Protect Your Health!
Eliminates Mold & Mildew**

\$69⁰⁰ Awnings, Carports & Screen Rooms Included
ANY SIZE

Cleaning also available for...
 • Driveways • Patios • Walks

Ron Wyngarden INSURED

22 ★ **587-0876** 22

Drywood Termite - Treatments - Without Tenting

- No Roof Damage
 - No Move-Out
 - No Odor
- Other Services
- Rodent Control
 - Subterranean Termite Treatments
 - Once-A-Year Pest Control

10 Year Warranty



**NATURES RESOURCE
PEST CONTROL, INC.**

727-785-2552 FREE Estimates
 State Lic. JB6861

- Convenient • Family Owned
- Serving Pinellas County Since 1993 10
- ★ • 12410 Trotter Court, Tampa, FL 33626



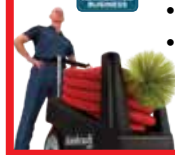
AIR DUCT CLEANING

We Clean in Accordance to the National Air Duct Cleaners Guidelines

Cleaning Special
Deep Scrub Rotobrush Cleaning



- Removal of each vent
- Wipe grills clean
- Basic dryer duct cleaning
- 24 Point A/C Duct Inspection
- Organic Deodorizer



\$15⁰⁰ per vent



www.VelocityAirConditioning.com
Same Day Service

727-754-7956

WHY CREMATION?

Simple. Respectful. Affordable.

Trust **NEPTUNE SOCIETY®**

PART OF THE SCI FAMILY OF CARING



- Caring for families just like yours since 1973
- The largest & oldest cremation company in America
- In excess of \$200 Million in Trust
- Industry leaders
- Worldwide coverage with relocation
- No upselling at the time of need
- Eliminates emotional overspending at a time of sorrow and grief
- Your insurance and savings are kept intact for family needs

Everything is included, Nothing is left to Chance!
Prearrangement is a gift of love...The choice is yours!

Please give me a "No Obligation" call with any questions you may have

813-629-0304
 jerrylamascus@gmail.com

Jerry Lamascus

Pre Need Planner - Florida License
 #FO086346

2560 Tampa Road Ste B
 Palm Harbor, FL 34684

ROOF COATING REPAIRS & INSPECTIONS

IS YOUR ROOF LEAKING?
 Roof Coating & Repair could be the solution:

- Lower Cost Than Replacement
- Professional Workmanship by a TRUSTED Contractor

Our Estimates are always FREE

800-282-3572 • 727-471-0820
 FL State Licensed & Insured • General Contractor CG1515749

Appliance Specialty, Inc.

FREE Service Call with Repair

- Refrigerators
- Microwaves
- Ranges
- Freezers
- Cooktops
- Disposals
- Wine Coolers
- Dishwashers
- Wall Ovens • Washer/Dryers • Icemakers

10% DISCOUNT
 with repair - with this ad

- GE • Sears
- Whirlpool
- Frigidaire
- & Many others

MAJOR APPLIANCE REPAIR SPECIALIST

727-520-6002 • 727-441-8172

9 ★ • Licensed & Insured • 37+ Years Exp. 4



Early humans didn't intermix as previously thought

Anthropologists have long speculated that Neanderthals and early modern humans mingled together some 32,000 years ago, with Vindija Cave in Croatia a prime spot for mating. Now, according to the American Association for the Advancement of Science's website, they're not so sure.

Earlier carbon dating procedures seem to show that Neanderthals and modern human coexisted in an around the cave. Recently, however, a more detailed form of dating suggests that Neanderthals lived in the area and used the cave more than 40,000 years ago—8,000 years before early modern humans began living in the region.

Scientists developing energy-producing clothes

Someday soon you may be able to charge your smartphone or Fitbit with a simple walk around the block, according to the NBC News website. Scientists at the University of Texas at Dallas are working to develop fabrics using carbon nanotubes, which are hollow and 10,000 times thinner than a human hair. When twisted into coils and stretched, they can produce a minuscule electrical current. One recent test of a tight shirt using the special yarn produced 16 millivolts every time the person wearing it inhaled—not enough to charge a smartphone, but enough, perhaps, to send health information to another location.



When every minute counts

After years spent teaching meditation to terminally ill patients, Stephen Levine began to ponder the changes one might make in their lives if they knew their time was coming to an end. To test out his theory, he decided to spend a year of his life as if it were his last. He called it “the year to live.”

Levine soon realized there was no time to waste on regrets and bitterness. Every minute counted. This experiment helped him to let go of old resentments and forgive past wrongs. His view of the world became more compassionate, and he began to experience a heightened sense of gratitude and appreciation for the people and experiences he now encountered.

During that year, Levine lived a more positive and meaningful life.

How would you spend your days if you knew you had only one more year to live? What changes would you make? Who would you forgive?

Why not do all of that now?

Misunderstanding

There once were two brothers. One was named Trouble, and the other was named Mind Your Own Business. One day, the boys decided to play a game of hide and seek. As Mind Your Own Business counted to 100, Trouble ran off and found a place to hide.

Mind Your Own Business began looking under porches, behind bushes, and inside garbage cans for his brother. He soon encountered a police officer who'd been standing on the sidewalk watching him. "What are you doing?" the cop asked.

"Looking for Trouble," the boy replied.

"Is that so?" replied the officer, "What is your name?"

"Mind Your Own Business."

"I'm taking you in," the officer snapped as he put the boy in the back of the squad car and drove away.



In two lines or less

InstaGram: When you have your grandma's number programmed on your speed dial.

Why don't cannibals eat clowns? - They taste funny.

A ghost walked into a bar and ordered a shot of whiskey.
"Sorry," said the bartender. "We don't serve spirits here."

Would you mind repeating that?

Joe asked the clerk for some assistance with hearing aids.

"The devices we have in stock range in price from \$3 to \$3,000," the clerk replied. "I know \$3,000 seems like a lot of money, but you really do get what you pay for."

"So what do I get for \$3?" Joe asked.

"This." The clerk handed Joe a long piece of black yarn with a suit coat button attached to one end and a paper clip attached to the other end. "The button end goes in your ear and you can tuck the paper clip end in your pocket."

"Seriously? How will this help me hear any better?" Joe asked.

"It won't," the clerk replied, "but when people see the button in your ear they will usually speak louder."





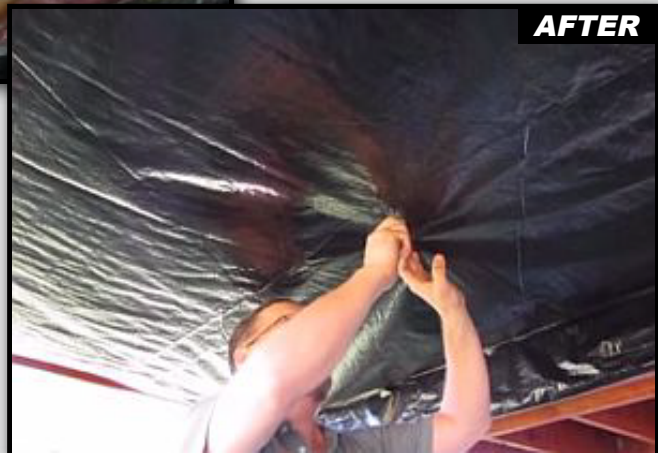
Quality Workmanship
Honest Pricing

- Vapor / Moisture Barrier
- Underhome Encapsulated Insulation
- Hurricane Tie-Down Anchors

**8 Yrs
Exp.**



We Keep rodents,
snakes, spiders, bugs,
mold, mildew, and
damaging moisture out
of your home!



LIC. # IH-1110636

INSURED
FAMILY OPERATED

Office Location:
12355 62nd St N
Unit B
Largo, FL 33773



**ESTIMATES &
SMILES ALWAYS FREE**

(800) 377-7885 or (727) 282-2045

We Need Cover Pictures! Send in Your Interesting Photos!

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here:



220 Bahama St. • Venice, FL 34285
 info@monthly-media.com • 727-484-7488



EMPORIUM 10 WORDS for \$8.55 - Each additional word is 80¢

Your Ad Will Appear in 60 Mobile Home Park Newsletters
NO ADS ACCEPTED BY PHONE OR EMAIL

WANTED TO BUY

When selling on consignment always get a **WRITTEN QUOTE** on the sellers' commission.

FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780

Dependable car wanted. Have cash. Please call Marilyn at: 727-348-1676

ARTICLES FOR SALE

2 Crypts in Sylvan Abbey, choice Locations side by side extras. 727-243-4100 Suzie

ELECTRIC ADULT TRICYCLE: Pedal for exercise or just ride. 24 volt, twist throttle, hand brake, comfortable tractor seat. \$400.00 727-223-9064

EVENTS & PROGRAMS

Carport Sale: Saturday December 2nd, 2017 8 am to 2 pm. Park Royale MHP 10611 66th St., Pinellas Park

Holiday Craft Bazaar Sunday Dec 3rd @ 9am-2pm. Sunset Palms Community 3401 Gandy Blvd 33781.

SOUTHWIND CRAFT FAIR and BAKE SALE: December 2nd, 9am-1pm. 795 County Road !, Palm Harbor

Palm Hill Country Club Bazaar, Craft & Bake Sale. Saturday, Dec. 2nd, 9am-1pm. 8:30am early entry \$1.00. North Clubhouse 401 8th Ave. SW, Largo.

ANNUAL CARPORT SALE. 12/2 & 12/3 8am-2pm . Lincolnshire Estates 1071 Donegan Rd, Largo. Carport sale, furniture, nick nacks, glassware and more. Over 100 homes participating.

Moving/Estate/Yard Sale: January 6, 2018 8am-3pm 124 Ranch Ave. in Ranch Mobile Park. Antiques, Household goods, furniture. Everything priced to sell.

Ranch Mobile Park Wide Yard Sale, Saturday, January 6th, 8:00am - 2:00pm at 6800 - 150th Ave. N., Clearwater, (Largo).

CHRISTMAS BAZAAR - December 16th, 10am - 2pm. Vacation Village 6900 Ulmerton Rd.

Christmas Gift Market & Silent Auction. Crafts, Vendors, Lunch 12/2 9am-2pm. Connect2Christ Church 9398 Oakhurst Road, Seminole, FL 33776

ATTENTION RESIDENTS!

Did you know this Emporium/ Classified listing reaches over 21,500 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other great things. Remember to think about this the next time you're planning something.

-Monthly Media Staff

JANUARY AD DEADLINE - DECEMBER 10, 2017

- Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285.
- Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

PLUMBING SERVICES



Specializing in
Mobile Home
Repipes & Repair

\$10 OFF
1st Time Customers

Did You Know We Service
and/or Install Top Quality?

22 ★ 22



- Disposals • Stoppages
- Bathroom & Kitchen Fixtures
- Water Heaters • Water Softeners
- Reverse Osmosis Filter Systems

Call Us for All Your Plumbing Needs!
www.the-plumbing-patrol.com

726-9193 or 942-9317

Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

THOUSANDS manufactured home residents have won over **\$136,800** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid receipt to us at **Monthly Media • 220 Bahama St. • Venice, FL 34285**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). **This month's cash winners are:**

Andrew Shaffer	\$100	Royal Enterprise	Rose O'Mara	\$5	Debbie's Salon
Sandra Olson	\$10	Professional Plumbing and Design	Frank Hemming	\$5	Buggin Out Termite & Pest Control
Nancy Poling	\$10	Hellers Mobile Home Washing	Donald Johnson	\$5	Jones and Sons Plumbing
Irene Mason	\$10	Bob's Appliance Service	Lynn McGraw	\$5	Bob's Mobile home Washing
Greg Stonebraker	\$10	Sunset Appliance Service	Lois Ayotte	\$5	Doll Brothers Carpet Cleaners
Carol Snyder	\$10	Bob's Mobile home Washing	Robert Pyne	\$5	Buggin Out Termite & Pest Control
Denise Morgan	\$10	Jones and Sons Plumbing	Bill Malofey	\$5	Heller's Mobile Home Washing
Kathy Sweetman	\$10	Modern AC and Appliance Service	Ed Becker	\$5	Air Masters of Pinellas, Inc.
Carl Simmons	\$10	Dunedin Plumbing, Inc.	Kevin Osborne	\$5	Suncoast Auto & Tires
Phil Stillwell	\$10	Battleline Termite & Pest Control	Lois Torres	\$5	Boss Electric Corp.
Richard Green	\$10	Ron Wyngarden MH Washing	Daniel Davis	\$5	Jones and Sons Plumbing
Harry Swank	\$10	Boss Electric Corp.	Isabelle Lane	\$5	Auto Service Experts
Joseph Caserotti	\$10	Discount Computer Repair	Robert Hopes	\$5	Bob's Mobile Home Washing
Lilly Porter	\$10	Doll Brothers Carpet Cleaners	Mary Marks	\$5	Doll Brothers Carpet Cleaners
Robert Gattone	\$5	Air Masters of Pinellas, Inc.	Ron Beardsley	\$5	Hellers Mobile Home Washing
Chip Relyea	\$5	Sunset Appliance Service	Ruth Marmarose	\$5	Modern Pest Control, Inc.
Cheryl Kittle	\$5	Bob's Mobile home Washing	Dolly Rooker	\$5	Jones and Sons Plumbing
Dena Clark	\$5	Payless Paingjnt Services, Inc.	Bob McGrath	\$5	Bob's Mobile Home Washing
Lisa Lynch	\$5	Doll Brothers Carpet Cleaners	Jackie Smith	\$5	Modern AC and Appliance Service
Joan Zarlink	\$5	Sunset Appliance Service	Joyce Lee	\$5	Buggin Out Termite & Pest Control
Carol Silver	\$5	Battleline Termite & Pest Control	Darlene Batdorf	\$5	Battleline Termite & Pest Control
Al Taufiq	\$5	Bob's Appliance Service	Linda Wagler	\$5	Debbie's Salon
Eleanor Malloy	\$5	Doll Brothers Carpet Cleaners	John Barns	\$5	Battleline Termite & Pest Control
Richard Lyle	\$5	Appliance Specialty, Inc.	Dolores Curtin	\$5	Hellers Mobile Home Washing

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

41

Certified years in business



No complaints unresolved

41

Years in Monthly Media

MOBILE HOME WASHING

Hand Washing Since 1988

Single or Double Wide

\$79⁰⁰

733-1166

LICENSED & INSURED

Triple Wide or Special Additions May be Extra
Screen Removal Not Necessary

Heller's Mobile Home Washing

28 ★ ASK ABOUT OUR OTHER SERVICES 26



FLORIDA Under Home SOLUTIONS

where budgets and home solutions meet

AFFORDABLE VAPOR BARRIER

Have You Looked UNDER Your Home Lately? **PROTECT YOUR HOME**

Fix Small Problems Today Before They Cause Serious Damage!

We will inspect and photograph any issues, showing you pictures of the underside of your home. Damaged & worn vapor barriers can create high energy costs and allow mold & mildew to grow and weaken your sub floor creating "Soft Spots". Keep Mold, Moisture & Animals out of your Home.



Repairs will be made quickly and include a **20 Year Transferable Warranty!**

10% MILITARY DISCOUNT

Call Us for a **FREE NO-PRESSURE No-Obligation Estimate**

7

727-492-1884

Licensed #OCL0027169

7

info@FloridaUnderHomeSolutions.com • Bonded • Insured

ROOF WASHING & MINOR REPAIRS

FREE Roof Inspection with washing 28 ★ 26

Heller's Mobile Home Washing 733-1166

FREE T-Stat w/New Unit

New A/C Unit Starting at \$80 per month

E&E GLIDDON

LIC # CACO 24340

AIR CONDITIONING

100% SATISFACTION GUARANTEE

Comfortmaker

Air Conditioning & Heating

FREE ESTIMATES on NEW UNITS

www.eegliddonac.com

\$45⁰⁰ A/C INSPECTION or Service Calls

(Mon.-Fri. 8AM - 4:30PM)

After Hours Service Service All Units



727-546-4343



35



35